



Anaphylaxis Policy

GORDON FOOTBALL & NETBALL CLUB INC.

Anaphylaxis is a severe, rapidly progressive allergic reaction that is potentially life threatening.

The most common allergens in school aged children are peanuts, eggs, tree nuts (cashews, almonds, hazelnuts), cow's milk, fish and shellfish, wheat, soy, sesame, latex (rubber gloves, balloons), certain insect stings (bees, wasps, and jumper ants) and medication (antibiotics and aspirin).

Rationale

Gordon Football Netball Club Inc recognises that:

- Anaphylaxis is a serious health issue and a medical emergency requiring rapid response
- The key to prevention of anaphylaxis is to be aware of those club members who have been diagnosed at risk, be aware of triggers and individual treatment required to maximise treatment of anaphylaxis

Parent/member Responsibility

- All members who have been diagnosed by a medical practitioner with anaphylaxis must provide the club with an Individual Anaphylaxis Management Plan (IAMP) prior to the member commencing a playing season.

The IAMP must contain the following information-

- Information about the medical condition that relates to allergy and the potential for allergic reactions, including the allergy or type of allergies the child has, based on a diagnosis from a medical practitioner
- Information regarding who will have the child's medication
- The child's emergency contact details.
- An ASCIA Action Plan signed by a medical practitioner, with a current photograph provided by the parent and updated annually or if any changes occur
- Adrenaline auto injectors (AAI) must always be carried by a club member or supervising adult.
- Parents must inform the club if their child's medical condition changes

NO CLUB MEMBER IS TO BE LEFT AT THE CLUB FOR ANY REASON WITHOUT THE APPROPRIATE PLAN AND MEDICATION BEING WITH THEM AND A SUPERVISING ADULT MADE AWARE THAT THEY ARE PRESENT

Club Responsibility:

- There will be at least one person present at all game days and training session that has undergone registered anaphylaxis training
- All managers will have a copy of any management plans required for their team
- A team delegate must have a copy of all management plans identified within their area of responsibility
- Trainers must be made aware of any person who may be medically diagnosed with anaphylaxis
- The club will have General use AAI available if required

Noncompliance

All club committee members will enforce the Anaphylaxis Policy, and any noncompliance will be handled according to the following process:

- Explanation of the club policy to the person concerned
- Inability to take the field until appropriate compliance is observed ie IAMP is in place, Action plan and associated medication is supplied

Policy Promotion

The Club will promote the Anaphylaxis policy regularly by:

- Putting a copy of the policy in club communications, e.g. newsletters, website and printed member/ player information,
- Displaying a copy of the policy in the club social rooms, and
- Periodic announcements to members at functions.

Policy Review

This policy will be reviewed annually to ensure it remains relevant to club operations and reflects both community expectations and legal requirements.

Australian Society of Clinical Immunology and Allergy (ASCIA) Action plans can be downloaded from www.allergy.org.au website

Signed: Kellee Frazer

Position: President

Date: 01.01.2026

Signed: Sam Ascough

Position: Secretary

Date: 01.01.2026

Next policy review date is: **01.01.2027**